Nov. 2, 2003

USATF Masters 8k Cross Country Championships

Black Creek Park

Rochester, NY



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The USA Masters 8 km Cross Country Championships turned out to be a bittersweet event for Tom Dalton (Adirondack AC) of Schenectady, NY. Coming into the race Dalton, the 2001 and 2002 USATF Masters Cross Country Runner of the Year had not lost a cross country race to a masters athlete since 1999. Despite winning the M45 national title in Rochester he was defeated by the masters-newcomer, Scott Bagley (Syracuse Chargers) of Pittsford, NY. Bagley's winning time of 26:12 was nearly a minute off Daltons 2001 course record of 25:15 but more importantly, it was two seconds ahead of his rival and fast enough to win the M40 national title.

Long Islands Kathryn Martin, 52, was the first woman across the line as she won her third-straight USA Masters 8 km Cross Country title with a time of 31:07. The second woman across the line and the W40 champion was Debra Morris-Allen (Checkers AC) of Buffalo in 32:12. Another notable performance was turned in by 62-year-old Mary Louise Michelsohn of Stony Brook, NY. Michelsohn the holder of numerous U.S. age-group marks in track & field ran 36:20 to win the W60 title.

Team titles were won by; (M40) Syracuse Chargers (Niagara); (M50) Genesee Valley Harriers (Niagara); (M60) Michigan Grand Masters (MI); (M70) Belle Watling AC (Niagara); (W40) Finger Lakes RC; and (W50) Finger Lakes RC.

Results

10-44 Results - Women 1 Morris-Allen, Debra W41 Checkers Women 40+ 6;28.9 32;12.77 2 Sharp, Gillian W42 Finger Lakes 40+ 6;34.1 32;38.67 3 Vanderwood, Karen W41 Chargers W40 6;44.4 33;30.04 4 Damron, Leatha W40 Chargers W40 7:00.6 34;50.66 5 Geiger, Gail W40 GW Momen 40+ 7:05.1 35;13.12 6 Flanigan, Patty W44 GWh Women 40+ 7:17.1 36;12.70 7 Tilly, Lorrie W42 Finger Lakes 40+ 7:23.2 36;42.78 8 Francz, Laura W43 GWh Women 40+ 7:31.0 37;21.88 9 Verdoliva, Noreen W42 Chargers W40 8:04.0 40:05.58 10 White, Marie W43 GWh Women 40+ 8:45.8 43;33.36 45-49 Results - Women 1 Myette, Suzanne W46 Finger Lakes 40+ 6:52.7 34;11.29 2 Ford, Patti W48 Chargers W40 6:58.1 34;38.02 3 Balander, Audrey W47 Finger Lakes 40+ 7:24.6 36;49.79 5 Dodge, Carol W47 Finger Lakes 40+ 7:24.6 36;49.79 5 Dodge, Carol W47 Chargers W40 7:31.7 37;25.10 6 Padginton-Bssler, Joanni W45 Checkers Women 40+ 7:54.7 39;19.48 7 KoGuire, Diane W48 Checkers Women 40+ 7:54.7 39;19.48 8 Lein, Karen W45 Unattached 8:26.7 41;58.82 9 Fiscitelli, Mickey W47 Chargers W40 8:31.7 42:23.49 50-54 Results - Women 1 Martin, Kathryn W52 Unattached 6:15.5 31:06.31 2 Franck, Zsofia W50 Finger Lakes 50+ 7:32.5 37;29.02 3 Sharrer, Dianne W52 GWh Women 50+ 7:56.6 39;28.95 5 Herrick, Jeanne W52 GWh Women 50+ 7:58.3 39;37.58 6 Wagner, Gail W51 GWh Women 50+ "b" 8:23.5 41;42.66 4 Scott, Beth W51 GWh Women 50+ "b" 8:23.5 41;42.66 6 Wagner, Gail W51 GWh Women 50+ "b" 8:25.2 44;05.44 60-64 Results - Women 1 Menck, Mary W55 Finger Lakes 50+ 8:30.6 42;18.10 9 Martin, Patricia W54 GWh Women 50+ "b" 8:52.2 44;05.44 60-64 Results - Women 1 Michelsohn, Marie-Louise Shawin Shamin Sharier Shamin Shamin Shamin Sharier Shamin Sharier Shamin Shami	Name		 Team	Avg Mile	Finals
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1 Wenck, Mary	9 Martin, Patricia	W54	Gvh Women 50+ "b"	10:54.7	54:14.09
2 Kelly, Alice W55 Gvh Women 50+ "b" 8:52.2 44:05.44 60-64 Results - Women 1 Michelsohn, Marie-Louise W62 Bohemia TC 7:18.4 36:19.23 2 Shaver, Mary W62 Gvh Women 50+ 8:05.7 40:14.14 3 Kriesen, Carolyn W60 Gvh Women 50+ 8:29.8 42:14.08 65-69 Results - Women 1 Tucker, Lenie W65 Chargers W40 8:57.5 44:31.56 2 Hyer, Edna W69 Unattached 11:35.4 57:36.56 40-44 Results - Men 1 Bagley, Scott M40 Chargers 40+ 5:16.2 26:11.62 2 Egle, Mike M41 Unattached 5:26.3 27:02.00	55-59 Results - Women				
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1 Tucker, Lenie W65 Chargers W40 8:57.5 44:31.56 2 Hyer, Edna W69 Unattached 11:35.4 57:36.56 40-44 Results - Men 1 Bagley, Scott M40 Chargers 40+ 5:16.2 26:11.62 2 Egle, Mike M41 Unattached 5:26.3 27:02.00	3 Kriesen, Carolyn	W60	Gvh Women 50+	8:29.8	42:14.08
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1 Bagley, Scott M40 Chargers 40+ 5:16.2 26:11.62 2 Egle, Mike M41 Unattached 5:26.3 27:02.00	2 Hyer, Edna	W69	Unattached	11:35.4	57:36.56
2 Egle, Mike M41 Unattached 5:26.3 27:02.00	40-44 Results - Men				
2 Egle, Mike M41 Unattached 5:26.3 27:02.00	1 Bagley, Scott	M40	Chargers 40+	5:16.2	26:11.62
3 O'Keefe, David M44 Chargers 40+ 5:27.3 27:06.78			_		
	3 O'Keefe, David	M44	Chargers 40+	5:27.3	27:06.78

4				
	Platt, Mike	M41 Chargers 40+	5:34.2	27:41.29
5	Oberst, James	M40 Gvh 40+	5:37.1	27:55.70
6	Bischoff, David	M41 Gvh 40+	5:44.6	
7	Evans, Alan	M40 Gvh 40+	5:44.7	
8	Underwood, Bob	M43 Adirondack AC 40+	5:48.5	28:52.03
9	Vodacek, Tony	M44 Gvh 40+	5:49.5	28:56.99
10	Van Kerkhove, John	M41 Gvh 40+	5:50.5	29:02.22
11	Nugent, Bob	M43 Gvh 40+	5:52.5	29:12.18
12	Noonan, John	M44 Adirondack AC 40+	5:53.3	29:16.00
13	Lindo, Ed	M42 Chargers 40+	5:53.8	
	Carroll, David	M40 Checkers AC 40+	5:55.3	
	Van Kerkhove, Steve	M40 Gvh 40+	5:56.4	29:31.53
	Waldron, James	M43 Checkers AC 40+	6:00.9	
	Buckley, Chris	M42 Adirondack AC 40+	6:03.4	30:06.21
	Rice, Brian	M42 Gvh 40+ "b"	6:07.6	30:27.32
	Glavin, Peter	M41 Gvh 40+ "b"	6:07.8	
	Seitz, Don	M44 Checkers AC 40+	6:11.9	
	Cantwell, Dan	M42 Adirondack AC 40+	6:14.6	31:01.83
	Stiner, John	M41 High Noon 40+	6:17.5	
	Scott, Keith	M41 Gvh 40+ "b"	6:20.8	
	Van Kerkove, Dennis	M44 Gvh 40+ "b"		32:52.56
	Pillin, Philip	M41 Unattached		33:00.04
	Gardner, Brien	M40 Gvh 40+ "b"		33:04.13
	Luongo, Vince	M40 Gvh 40+ "b"	6:45.6	33:36.27
	Consler, Marc	M40 Gvh 40+ b''	6.43.0	33:55.08
		M40 Gvh 40+ b"	0.49.4	40:54.77
	Smith, Dave			
	DaSilva, Ronald	M42 Canada		X27:55.04
	Earl, James	M44 Canada		X29:16.59
	Moloney, Desmond	M43 Canada	5:5/.1	X29:34.76
4 =	40 D 34			
	49 Results - Men	3445 7 1' 1 1 7 9 40 1	F 16 7	06 14 10
	Dalton, Tom	M45 Adirondack AC 40+	5:16.7	26:14.19
	Rybinski, Mark	M48 Chargers 40+	- 10 0	00 50 50
			5:48.8	28:53.50
	Finucane, Leo	M46 Gvh 40+	5:55.2	29:25.34
4	Essler, Dan	M46 Gvh 40+ M46 Checkers AC 40+	5:55.2 5:55.6	29:25.34 29:27.46
4 5	Essler, Dan Radford, Gary	M46 Gvh 40+ M46 Checkers AC 40+ M47 Chargers 40+	5:55.2 5:55.6 5:56.9	29:25.34 29:27.46 29:33.71
4 5 6	Essler, Dan Radford, Gary Staley, Derick	M46 Gvh 40+ M46 Checkers AC 40+ M47 Chargers 40+ M45 Adirondack AC 40+	5:55.2 5:55.6 5:56.9 5:57.0	29:25.34 29:27.46 29:33.71 29:34.44
4 5 6 7	Essler, Dan Radford, Gary Staley, Derick Merritt, Bob	M46 Gvh 40+ M46 Checkers AC 40+ M47 Chargers 40+ M45 Adirondack AC 40+ M46 Checkers AC 40+	5:55.2 5:55.6 5:56.9 5:57.0 5:57.2	29:25.34 29:27.46 29:33.71 29:34.44 29:35.22
4 5 6 7 8	Essler, Dan Radford, Gary Staley, Derick Merritt, Bob Wenneker, Mark	M46 Gvh 40+ M46 Checkers AC 40+ M47 Chargers 40+ M45 Adirondack AC 40+ M46 Checkers AC 40+ M45 Unattached	5:55.2 5:55.6 5:56.9 5:57.0 5:57.2 6:02.6	29:25.34 29:27.46 29:33.71 29:34.44 29:35.22 30:02.16
4 5 6 7 8 9	Essler, Dan Radford, Gary Staley, Derick Merritt, Bob Wenneker, Mark Murphy, Chris	M46 Gvh 40+ M46 Checkers AC 40+ M47 Chargers 40+ M45 Adirondack AC 40+ M46 Checkers AC 40+	5:55.2 5:55.6 5:56.9 5:57.0 5:57.2 6:02.6 6:10.3	29:25.34 29:27.46 29:33.71 29:34.44 29:35.22 30:02.16 30:40.33
4 5 6 7 8 9 10	Essler, Dan Radford, Gary Staley, Derick Merritt, Bob Wenneker, Mark Murphy, Chris Liebers, Robert	M46 Gvh 40+ M46 Checkers AC 40+ M47 Chargers 40+ M45 Adirondack AC 40+ M46 Checkers AC 40+ M45 Unattached M46 Adirondack AC 40+ M45 Checkers AC 40+	5:55.2 5:55.6 5:56.9 5:57.0 5:57.2 6:02.6 6:10.3 6:22.6	29:25.34 29:27.46 29:33.71 29:34.44 29:35.22 30:02.16 30:40.33 31:41.83
4 5 6 7 8 9 10	Essler, Dan Radford, Gary Staley, Derick Merritt, Bob Wenneker, Mark Murphy, Chris	M46 Gvh 40+ M46 Checkers AC 40+ M47 Chargers 40+ M45 Adirondack AC 40+ M46 Checkers AC 40+ M45 Unattached M46 Adirondack AC 40+	5:55.2 5:55.6 5:56.9 5:57.0 5:57.2 6:02.6 6:10.3 6:22.6 7:19.2	29:25.34 29:27.46 29:33.71 29:34.44 29:35.22 30:02.16 30:40.33 31:41.83 36:23.12
4 5 6 7 8 9 10	Essler, Dan Radford, Gary Staley, Derick Merritt, Bob Wenneker, Mark Murphy, Chris Liebers, Robert	M46 Gvh 40+ M46 Checkers AC 40+ M47 Chargers 40+ M45 Adirondack AC 40+ M46 Checkers AC 40+ M45 Unattached M46 Adirondack AC 40+ M45 Checkers AC 40+	5:55.2 5:55.6 5:56.9 5:57.0 5:57.2 6:02.6 6:10.3 6:22.6 7:19.2	29:25.34 29:27.46 29:33.71 29:34.44 29:35.22 30:02.16 30:40.33 31:41.83
4 5 6 7 8 9 10 11	Essler, Dan Radford, Gary Staley, Derick Merritt, Bob Wenneker, Mark Murphy, Chris Liebers, Robert Lawrence, Tim	M46 Gvh 40+ M46 Checkers AC 40+ M47 Chargers 40+ M45 Adirondack AC 40+ M46 Checkers AC 40+ M45 Unattached M46 Adirondack AC 40+ M45 Checkers AC 40+ M45 Checkers AC 40+ M46 Gvh 40+ "b"	5:55.2 5:55.6 5:56.9 5:57.0 5:57.2 6:02.6 6:10.3 6:22.6 7:19.2	29:25.34 29:27.46 29:33.71 29:34.44 29:35.22 30:02.16 30:40.33 31:41.83 36:23.12 X32:07.46
4 5 6 7 8 9 10 11	Essler, Dan Radford, Gary Staley, Derick Merritt, Bob Wenneker, Mark Murphy, Chris Liebers, Robert Lawrence, Tim Sellon, Mike	M46 Gvh 40+ M46 Checkers AC 40+ M47 Chargers 40+ M45 Adirondack AC 40+ M46 Checkers AC 40+ M46 Unattached M46 Adirondack AC 40+ M45 Checkers AC 40+ M46 Gvh 40+ "b" M49 Canada	5:55.2 5:55.6 5:56.9 5:57.0 5:57.2 6:02.6 6:10.3 6:22.6 7:19.2 6:27.8	29:25.34 29:27.46 29:33.71 29:34.44 29:35.22 30:02.16 30:40.33 31:41.83 36:23.12 X32:07.46
4 5 6 7 8 9 10 11 	Essler, Dan Radford, Gary Staley, Derick Merritt, Bob Wenneker, Mark Murphy, Chris Liebers, Robert Lawrence, Tim Sellon, Mike	M46 Gvh 40+ M46 Checkers AC 40+ M47 Chargers 40+ M45 Adirondack AC 40+ M46 Checkers AC 40+ M46 Unattached M46 Adirondack AC 40+ M45 Checkers AC 40+ M46 Gvh 40+ "b" M49 Canada	5:55.2 5:55.6 5:56.9 5:57.0 5:57.2 6:02.6 6:10.3 6:22.6 7:19.2 6:27.8	29:25.34 29:27.46 29:33.71 29:34.44 29:35.22 30:02.16 30:40.33 31:41.83 36:23.12 X32:07.46
4 5 6 7 8 9 10 11 	Essler, Dan Radford, Gary Staley, Derick Merritt, Bob Wenneker, Mark Murphy, Chris Liebers, Robert Lawrence, Tim Sellon, Mike Davis, Alan	M46 Gvh 40+ M46 Checkers AC 40+ M47 Chargers 40+ M45 Adirondack AC 40+ M46 Checkers AC 40+ M46 Unattached M46 Adirondack AC 40+ M45 Checkers AC 40+ M46 Gvh 40+ "b" M49 Canada	5:55.2 5:55.6 5:56.9 5:57.0 5:57.2 6:02.6 6:10.3 6:22.6 7:19.2 6:27.8	29:25.34 29:27.46 29:33.71 29:34.44 29:35.22 30:02.16 30:40.33 31:41.83 36:23.12 X32:07.46 X34:45.56
4 5 6 7 8 9 10 11 50-1	Essler, Dan Radford, Gary Staley, Derick Merritt, Bob Wenneker, Mark Murphy, Chris Liebers, Robert Lawrence, Tim Sellon, Mike Davis, Alan	M46 Gvh 40+ M46 Checkers AC 40+ M47 Chargers 40+ M45 Adirondack AC 40+ M46 Checkers AC 40+ M45 Unattached M46 Adirondack AC 40+ M45 Checkers AC 40+ M45 Checkers AC 40+ M46 Gvh 40+ "b" M49 Canada M47 Canada	5:55.2 5:55.6 5:56.9 5:57.0 5:57.2 6:02.6 6:10.3 6:22.6 7:19.2 6:27.8 6:59.6	29:25.34 29:27.46 29:33.71 29:34.44 29:35.22 30:02.16 30:40.33 31:41.83 36:23.12 X32:07.46 X34:45.56
4 5 6 7 8 9 10 11 50-1	Essler, Dan Radford, Gary Staley, Derick Merritt, Bob Wenneker, Mark Murphy, Chris Liebers, Robert Lawrence, Tim Sellon, Mike Davis, Alan 54 Results - Men McMullen, Tim	M46 Gvh 40+ M46 Checkers AC 40+ M47 Chargers 40+ M45 Adirondack AC 40+ M46 Checkers AC 40+ M45 Unattached M46 Adirondack AC 40+ M45 Checkers AC 40+ M45 Checkers AC 40+ M46 Gvh 40+ "b" M49 Canada M47 Canada	5:55.2 5:55.6 5:56.9 5:57.0 5:57.2 6:02.6 6:10.3 6:22.6 7:19.2 6:27.8 6:59.6	29:25.34 29:27.46 29:33.71 29:34.44 29:35.22 30:02.16 30:40.33 31:41.83 36:23.12 X32:07.46 X34:45.56
4 5 6 7 8 9 10 11 50-1 2 3	Essler, Dan Radford, Gary Staley, Derick Merritt, Bob Wenneker, Mark Murphy, Chris Liebers, Robert Lawrence, Tim Sellon, Mike Davis, Alan 54 Results - Men McMullen, Tim Price, Roger	M46 Gvh 40+ M46 Checkers AC 40+ M47 Chargers 40+ M45 Adirondack AC 40+ M46 Checkers AC 40+ M45 Unattached M46 Adirondack AC 40+ M45 Checkers AC 40+ M45 Checkers AC 40+ M47 Canada M47 Canada M50 Gvh 50+ M54 Raritan Vall M52 Checkers AC 50+	5:55.2 5:55.6 5:56.9 5:57.0 5:57.2 6:02.6 6:10.3 6:22.6 7:19.2 6:27.8 6:59.6	29:25.34 29:27.46 29:33.71 29:34.44 29:35.22 30:02.16 30:40.33 31:41.83 36:23.12 X32:07.46 X34:45.56
4 5 6 7 8 9 10 11 50 - 1 2 3 4	Essler, Dan Radford, Gary Staley, Derick Merritt, Bob Wenneker, Mark Murphy, Chris Liebers, Robert Lawrence, Tim Sellon, Mike Davis, Alan 54 Results - Men McMullen, Tim Price, Roger Irving, Gerald	M46 Gvh 40+ M46 Checkers AC 40+ M47 Chargers 40+ M45 Adirondack AC 40+ M46 Checkers AC 40+ M45 Unattached M46 Adirondack AC 40+ M45 Checkers AC 40+ M45 Checkers AC 40+ M46 Gvh 40+ "b" M49 Canada M47 Canada M50 Gvh 50+ M54 Raritan Vall	5:55.2 5:55.6 5:56.9 5:57.0 5:57.2 6:02.6 6:10.3 6:22.6 7:19.2 6:27.8 6:59.6	29:25.34 29:27.46 29:33.71 29:34.44 29:35.22 30:02.16 30:40.33 31:41.83 36:23.12 X32:07.46 X34:45.56 29:17.17 29:23.04 29:45.59 29:57.67
4 5 6 7 8 9 10 11 50- 1 2 3 4 5	Essler, Dan Radford, Gary Staley, Derick Merritt, Bob Wenneker, Mark Murphy, Chris Liebers, Robert Lawrence, Tim Sellon, Mike Davis, Alan 54 Results - Men McMullen, Tim Price, Roger Irving, Gerald Hoebeke, Rick Robinson, Jim	M46 Gvh 40+ M46 Checkers AC 40+ M47 Chargers 40+ M45 Adirondack AC 40+ M46 Checkers AC 40+ M45 Unattached M46 Adirondack AC 40+ M45 Checkers AC 40+ M45 Checkers AC 40+ M46 Gvh 40+ "b" M49 Canada M47 Canada M50 Gvh 50+ M54 Raritan Vall M52 Checkers AC 50+ M54 High Noon 50+ M50 Gvh 50+	5:55.2 5:55.6 5:56.9 5:57.0 5:57.2 6:02.6 6:10.3 6:22.6 7:19.2 6:27.8 6:59.6 5:53.5 5:54.7 5:59.2 6:01.7 6:02.0	29:25.34 29:27.46 29:33.71 29:34.44 29:35.22 30:02.16 30:40.33 31:41.83 36:23.12 X32:07.46 X34:45.56 29:17.17 29:23.04 29:45.59 29:57.67 29:59.47
4 5 6 7 8 9 10 11 50-: 1 2 3 4 5 6	Essler, Dan Radford, Gary Staley, Derick Merritt, Bob Wenneker, Mark Murphy, Chris Liebers, Robert Lawrence, Tim Sellon, Mike Davis, Alan 54 Results - Men McMullen, Tim Price, Roger Irving, Gerald Hoebeke, Rick Robinson, Jim Dodge, Brian	M46 Gvh 40+ M46 Checkers AC 40+ M47 Chargers 40+ M45 Adirondack AC 40+ M46 Checkers AC 40+ M46 Unattached M46 Adirondack AC 40+ M45 Checkers AC 40+ M45 Checkers AC 40+ M46 Gvh 40+ "b" M49 Canada M47 Canada M50 Gvh 50+ M54 Raritan Vall M52 Checkers AC 50+ M54 High Noon 50+	5:55.2 5:55.6 5:56.9 5:57.0 5:57.2 6:02.6 6:10.3 6:22.6 7:19.2 6:27.8 6:59.6 5:53.5 5:54.7 5:59.2 6:01.7 6:02.0 6:06.9	29:25.34 29:27.46 29:33.71 29:34.44 29:35.22 30:02.16 30:40.33 31:41.83 36:23.12 X32:07.46 X34:45.56 29:17.17 29:23.04 29:45.59 29:57.67 29:59.47 30:23.89
4 5 6 7 8 9 10 11 50- 1 2 3 4 5 6 7	Essler, Dan Radford, Gary Staley, Derick Merritt, Bob Wenneker, Mark Murphy, Chris Liebers, Robert Lawrence, Tim Sellon, Mike Davis, Alan 54 Results - Men McMullen, Tim Price, Roger Irving, Gerald Hoebeke, Rick Robinson, Jim Dodge, Brian Chimino, Joe	M46 Gvh 40+ M46 Checkers AC 40+ M47 Chargers 40+ M45 Adirondack AC 40+ M46 Checkers AC 40+ M45 Unattached M46 Adirondack AC 40+ M45 Checkers AC 40+ M45 Checkers AC 40+ M47 Canada M47 Canada M50 Gvh 50+ M54 Raritan Vall M52 Checkers AC 50+ M54 High Noon 50+ M50 Gvh 50+ M50 Chargers 50+ M50 Gvh 50+	5:55.2 5:55.6 5:56.9 5:57.0 5:57.2 6:02.6 6:10.3 6:22.6 7:19.2 6:27.8 6:59.6 5:53.5 5:54.7 5:59.2 6:01.7 6:02.0 6:06.9 6:09.2	29:25.34 29:27.46 29:33.71 29:34.44 29:35.22 30:02.16 30:40.33 31:41.83 36:23.12 X32:07.46 X34:45.56 29:17.17 29:23.04 29:45.59 29:57.67 29:59.47 30:23.89 30:35.32
4 5 6 7 8 9 10 11 50- 1 2 3 4 5 6 7 8	Essler, Dan Radford, Gary Staley, Derick Merritt, Bob Wenneker, Mark Murphy, Chris Liebers, Robert Lawrence, Tim Sellon, Mike Davis, Alan 54 Results - Men McMullen, Tim Price, Roger Irving, Gerald Hoebeke, Rick Robinson, Jim Dodge, Brian Chimino, Joe Blackmore, Ronald	M46 Gvh 40+ M46 Checkers AC 40+ M47 Chargers 40+ M45 Adirondack AC 40+ M46 Checkers AC 40+ M46 Unattached M46 Adirondack AC 40+ M45 Checkers AC 40+ M45 Checkers AC 40+ M46 Gvh 40+ "b" M49 Canada M47 Canada M50 Gvh 50+ M54 Raritan Vall M52 Checkers AC 50+ M54 High Noon 50+ M50 Gvh 50+ M50 Chargers 50+ M50 Chargers 50+ M50 Chargers 50+	5:55.2 5:55.6 5:56.9 5:57.0 5:57.2 6:02.6 6:10.3 6:22.6 7:19.2 6:27.8 6:59.6 5:53.5 5:54.7 5:59.2 6:01.7 6:02.0 6:06.9 6:09.2 6:09.5	29:25.34 29:27.46 29:33.71 29:34.44 29:35.22 30:02.16 30:40.33 31:41.83 36:23.12 X32:07.46 X34:45.56 29:17.17 29:23.04 29:45.59 29:57.67 29:59.47 30:23.89 30:35.32 30:36.81
4 5 6 7 8 9 10 11 50 1 2 3 4 5 6 7 8 9	Essler, Dan Radford, Gary Staley, Derick Merritt, Bob Wenneker, Mark Murphy, Chris Liebers, Robert Lawrence, Tim Sellon, Mike Davis, Alan 54 Results - Men McMullen, Tim Price, Roger Irving, Gerald Hoebeke, Rick Robinson, Jim Dodge, Brian Chimino, Joe Blackmore, Ronald Fillmore, Dennis	M46 Gvh 40+ M46 Checkers AC 40+ M47 Chargers 40+ M45 Adirondack AC 40+ M46 Checkers AC 40+ M46 Unattached M46 Adirondack AC 40+ M45 Checkers AC 40+ M45 Checkers AC 40+ M46 Gvh 40+ "b" M49 Canada M47 Canada M50 Gvh 50+ M54 Raritan Vall M52 Checkers AC 50+ M54 High Noon 50+ M50 Gvh 50+ M50 Gvh 50+ M50 Chargers 50+ M50 Chargers 50+ M50 Chargers 50+ M51 Adirondack AC 50+	5:55.2 5:55.6 5:56.9 5:57.0 5:57.2 6:02.6 6:10.3 6:22.6 7:19.2 6:27.8 6:59.6 5:53.5 5:54.7 5:59.2 6:01.7 6:02.0 6:06.9 6:09.5 6:09.7	29:25.34 29:27.46 29:33.71 29:34.44 29:35.22 30:02.16 30:40.33 31:41.83 36:23.12 X32:07.46 X34:45.56 29:17.17 29:23.04 29:45.59 29:57.67 29:59.47 30:23.89 30:35.32 30:36.81 30:37.60
4 5 6 7 8 9 10 11 50 1 2 3 4 5 6 7 8 9 10	Essler, Dan Radford, Gary Staley, Derick Merritt, Bob Wenneker, Mark Murphy, Chris Liebers, Robert Lawrence, Tim Sellon, Mike Davis, Alan 54 Results - Men McMullen, Tim Price, Roger Irving, Gerald Hoebeke, Rick Robinson, Jim Dodge, Brian Chimino, Joe Blackmore, Ronald	M46 Gvh 40+ M46 Checkers AC 40+ M47 Chargers 40+ M45 Adirondack AC 40+ M46 Checkers AC 40+ M46 Unattached M46 Adirondack AC 40+ M45 Checkers AC 40+ M45 Checkers AC 40+ M46 Gvh 40+ "b" M49 Canada M47 Canada M50 Gvh 50+ M54 Raritan Vall M52 Checkers AC 50+ M54 High Noon 50+ M50 Gvh 50+ M50 Chargers 50+ M50 Chargers 50+ M50 Chargers 50+	5:55.2 5:55.6 5:56.9 5:57.0 5:57.2 6:02.6 6:10.3 6:22.6 7:19.2 6:27.8 6:59.6 5:53.5 5:54.7 5:59.2 6:01.7 6:02.0 6:06.9 6:09.2 6:09.5	29:25.34 29:27.46 29:33.71 29:34.44 29:35.22 30:02.16 30:40.33 31:41.83 36:23.12 X32:07.46 X34:45.56 29:17.17 29:23.04 29:45.59 29:57.67 29:59.47 30:23.89 30:35.32 30:36.81 30:37.60 30:43.68

12	Ward, Dave	M52	Checkers AC 50+	6:21.7	31:37.18
13	Forrestel, Stephen	M54	Checkers AC 50+	6:24.3	31:50.39
14	Vanker, David	M53	Michigan Gr	6:27.1	32:04.19
15	Wright, Mike	M54	Chargers 50+	6:27.8	32:07.77
	Duttge, Paul		Checkers AC 50+	6:27.9	
	McMullen, Bill		Gvh 50+	6:35.1	
	Diffenbach, George	M50	Western Penn TC 50+	6:37.0	
	Lew, Fred		Checkers AC 50+	6:37.1	
	Bowen, Dave		Chargers 50+	6:37.7	32:56.65
	Blake, Dave		Gvh 50+	6:44.5	
	Elsey, Terry	-	Michigan Gr	6:47.2	
	Neal, Sam		Checkers AC 50+	6:52.4	
				6:54.8	
	Rybinski, Dick		Chargers 50+	0:54.0	34:21.69
	Acer, Patrick		Gvh 50+ "b"	6:56.8	34:31.78
	Boyle, Jim		Gvh 50+ "b"	7:01.1	34:53.00
	Russo, Frank		Raritan Vall	7:01.7	34:55.98
	Raby, Sr., Gary		Unattached	7:15.0	36:02.21
	Matthews, Tim		Gvh 50+ "c"		41:51.84
	Smith, Doug	M52	Canada	7:27.6	X37:05.02
	59 Results - Men	_			
	Glover, Pat	-	Adirondack AC 50+	6:13.8	
	DeLadurantaye, Paul		Michigan Gr	6:18.9	
	Cross, Bob		Michigan Gr	6:19.4	
4	Jessen, Phillip	M55	Adirondack AC 50+	6:20.7	31:32.40
5	May, Jim	M57	Gvh 50+	6:29.1	
6	Lamme, Tom	M56	Gvh 50+	6:39.4	33:05.45
7	Peterson, David	M55	Checkers AC 50+	6:39.8	33:07.28
8	Brown, Doug	M58	Raritan Vall	6:40.3	33:09.69
9	Sweeney, Hugh	M59	Raritan Vall	6:45.6	33:35.94
	Kanners, Dave	M57	Michigan Gr	6:51.2	34:04.09
	Emmerling, Fran		Checkers AC 50+	6:52.3	
	Wehrkamp, Tim		Unattached	6:57.7	
	Howe, Roger		Gvh 50+ "b"	6:58.2	
	Reif, Mike		Gvh 50+ "b"	7:03.5	35:05.13
	Nowatkowski, John		Raritan Vall	7:12.2	35:48.02
	Salmons, Roger		Gvh 50+ "b"	7:16.8	
	Glinsky, Jim		Gvh 50+ "c"	7:24.1	
	Josephson, Ralph		Unattached	7:41.9	
	Van Almkerk, Richard		Gvh 50+ "c"		42:04.15
	Carr, Tom		Gvh 50+ "c"		45:20.80
20	Call, Iom	МЭО	GVII JUT C	9.07.4	45.20.00
60-6	64 Results - Men				
	Borla, Bill	M63	Wolfpit Running 60+	6:21.3	31:35.34
	Goodhue, Doug		Mgm 60+	6:30.2	
	Carlton, James		Mgm 60+	6:30.4	
			=	6:30.4	
	Malaczynski, Gerard		Mgm 60+		
	Abernethy, Joe		Gvh 60+	6:53.4	
	Pelton, John		Wolfpit Running 60+	6:56.7	
	Cosgrove, Pat		Raritan Vall	6:58.7	34:41.12
	Zimmerman, Ralph		Checkers AC Men 60+	7:15.9	36:06.79
	Moore, John		Checkers AC Men 60+	7:23.9	36:46.30
	Leonard, Peter		Unattached	7:36.6	37:49.60
	Sek, Dave		Gvh 60+	7:40.8	38:10.55
	Harden, Bill		Checkers AC Men 60+		38:35.30
	Telarico, Dick		Gvh 60+		38:44.41
14	Lawson, Blaine	M61	Unattached	7:57.6	39:33.71

15 Naczynski, Daniel	M61 Western Penn TC 60+	8:18.1	41:15.96
65-69 Results - Men 1 LeVasseur, Jerry 2 Jarrett, Dick	M65 Wolfpit Running 60+ M67 Unattached	8:01.4 9:02.7	
70-74 Results - Men 1 Freyler, Otto 2 Magoffin, Gerald 3 McRae, Wally 4 Whalley, Roger 5 Bisson, Jerrold 6 Smith, Patrick 7 Sullivan, Ted	M70 Gvh 60+ M73 Belle Watling AC M71 Chargers 70+ M74 Belle Watling AC M72 Chargers 70+ M70 Belle Watling AC M71 BC AC "b"	7:58.4 9:07.5 9:13.2 9:26.0 9:51.0 10:22.6 11:48.5	45:21.28 45:49.51 46:53.35 48:57.56 51:34.87
75-79 Results - Men 1 Fortune, Bill 2 Sullivan, Richard 3 Rubin, Howard 4 O'Sullivan, Jack	M75 Unattached M75 Belle Watling AC M75 Chargers 70+ M75 BC AC "b"	8:28.8 8:46.9 8:55.2 10:48.1	43:38.82 44:20.06
80-84 Results - Men 1 McManus, John	M80 Unattached	10:04.3	50:03.72
85-89 Results - Men 1 Sypniewski, Henry	M85 Unattached	10:01.7	49:50.88

TEAM SCORES

Average: 29:50.60

Rank Team Runner 5	Runner 1	Runner 2	Runner 3	Runner 4
40+ Results - Men 1 Syracuse Chargers 40+ 29:19 Total Time: 2:19:14.00 Average: 27:50.80	26:12	27:07	27:42	28:54
2 Gvh 40+ 29:03 Total Time: 2:23:03.00 Average: 28:36.60	27:56	28:33	28:34	28:57
3 Adirondack AC 40+ 30:07 Total Time: 2:24:06.00 Average: 28:49.20	26:15	28:53	29:16	29:35
4 Checkers AC 40+ 30:49 Total Time: 2:29:13.00	29:26	29:28	29:36	29:54

5 Gvh 40+ "b" 33:05 Total Time: 2:38:27.00 Average: 31:41.40	30:28	30:28	31:33	32:53
50+ Results - Men 1 Gvh 50+ 32:49 Total Time: 2:34:52.00 Average: 30:58.40	29:18	30:00	30:36	32:14
2 Adirondack AC 50+ 31:33 Total Time: 2:35:24.00 Average: 31:04.80	30:38	30:44	30:59	31:30
3 Checkers AC 50+ 32:54 Total Time: 2:38:18.00 Average: 31:39.60	29:46	31:38	31:51	32:09
4 Syracuse Chargers 50+34:22 Total Time: 2:40:28.00 Average: 32:05.60	30:24	30:37	32:08	32:57
5 Michigan Grand Masters 34:05 Total Time: 2:42:44.00 Average: 32:32.80	31:24	31:26	32:05	33:44
6 Raritan Valley Road Run 34:56 Total Time: 2:45:48.00 Average: 33:09.60	29:24	33:10	33:36	34:42
7 Gvh 50+ "b" 36:12 Total Time: 2:55:22.01 Average: 35:04.40	34:32	34:39	34:53	35:06
Rank Team	Runner 1	Runner 2	Runner 3	
60+ Results - Men 1 Michigan Grand Masters 60 Total Time: 1:37:03.00 Average: 32:21.00		32:21	32:22	
2 Wolfpit Running 60+ Total Time: 1:46:01.00 Average: 35:20.34	31:36	34:32	39:53	
3 GVH 60+ Total Time: 1:51:11.00 Average: 37:03.67	34:15	38:11	38:45	

4 Checkers AC Men 60+ Total Time: 1:51:30.00 Average: 37:10.00	36:07	36:47	38:36
70+ Results - Men 1 Belle Watling AC Total Time: 2:15:55.00 Average: 45:18.34	43:39	45:22	46:54
2 Syracuse Chargers 70+ Total Time: 2:19:09.00 Average: 46:23.00	44:21	45:50	48:58
40+ Results - Women 1 Finger Lakes Running Club Total Time: 1:42:59.00 Average: 34:19.67	32:39	34:12	36:08
2 Syracuse Chargers W 40+ Total Time: 1:43:01.00 Average: 34:20.34	33:31	34:39	34:51
3 GVH Women 40+ Total Time: 1:48:49.00 Average: 36:16.34	35:14	36:13	37:22
4 Checkers Women 40+ Total Time: 1:52:55.00 Average: 37:38.34	32:13	39:20	41:22
50+ Results - Women 1 Finger Lakes Running Club Total Time: 1:58:54.00 Average: 39:38.00	37:30	39:05	42:19
2 GVH Women 50+ Total Time: 1:59:22.00 Average: 39:47.34	39:29	39:38	40:15
3 GVH Women 50+ "b" Total Time: 2:20:04.00 Average: 46:41.34	41:43	44:06	54:15